Andrews Institute Rehab Symposium: Lower Extremity

Friday March 3 2017

Morning Session

7:00 AM  Registration & Breakfast

7:50 AM  Welcome
  David Joyner MD

8:00 AM  Anatomy of the Knee: Video Demonstration
  Andrew Ebert MD  Chris Warrell MD

8:10 AM  The Knee Exam: History and Technique
  Steve Jordan MD

8:40 AM  ACL Surgery
  Roger Ostrander MD

9:10 AM  Current Concepts in ACL Rehabilitation
  Hunter Stark DPT, COMT, CSCS

9:40 AM  Panel Discussion: Steve Jordan MD; Roger Ostrander MD; Hunter Stark DPT, COMT, CSCS

9:50 AM  Break

10:05 AM  Patellofemoral Surgery
  Juliet DeCampos MD

10:35 AM  Physical Therapy and the Patellofemoral Joint
  Tiffany Vann PT, DPT

11:05 AM  Meniscal Repair Versus Meniscectomy: When, Why, How?
  Chris O'Grady MD

11:35 AM  The Surgical Treatment of Multi-Ligament Knee Injury
  Adam Anz MD

12:05 PM  Rehabilitation of Meniscus/Multi-Ligament Injuries
  Tyler Opitz DPT, SCS

12:35 PM  Panel Discussion: Juliet DeCampos MD; Tiffany Vann PT, DPT; Chris O'Grady MD; Adam Anz MD; Tyler Opitz DPT, SCS

Lunch

12:45 PM  Lunch

1:30 PM  Vendor Presentation

Afternoon Session

1:45 PM  Common Injuries of the Foot & Ankle - Surgery
  Erik Nilssen MD

2:20 PM  Rehabilitation of the Foot & Ankle
  Megan Priddy PT, DPT, SCS

2:50 PM  Panel Discussion: Erik Nilssen MD; Megan Priddy PT, DPT, SCS

3:00 PM  Break

3:15 PM  TKR Kinematics & Rehabilitation
  Daxton Steele MD  Will Coggin PT, DPT, CSCS

3:55 PM  The Focused Hip Examination in the Pre-arthritic, Athletic Patient
  Adam Anz MD

4:25 PM  Rehabilitation of the Hip
  Tyler Opitz DPT, SCS
Afternoon Session

4:50 PM  Panel Discussion:  Daxton Steele MD; Will Coggin PT, DPT, CSCS; Adam Anz MD; Tyler Opitz DPT, SCS

5:00 PM  Adjourn
Morning Session

7:30 AM  Registration & Breakfast

8:00 AM  Understanding the Regenerative Medicine Center
         Tyler Opitz DPT, SCS

8:10 AM  Regenerative Medicine - Biologics
         Tyler Opitz DPT, SCS

8:55 AM  Facility Management & Engagement
         Albi Gilmer PT

9:40 AM  Panel Discussion: Tyler Opitz DPT, SCS; Albi Gilmer PT

10:05 AM Lower Quarter Assessment, Treatment, and Integration into Performance Training
        Tyler Wilkins MSEd, ATC, CSCS

10:35 AM Return to Sports Participation and Discharge Testing
        Anthony Inzillo PT, DPT, SCS

11:05 AM Debunking the Squat and Deadlift Myths
        Hunter Stark DPT, COMT, CSCS

11:35 AM Running Analysis: Sprint & Endurance
        Brent Hardy MEd, ATC, CSCS  Albi Gilmer PT

12:05 PM Panel Discussion: Tyler Wilkins MSEd, ATC, CSCS; Anthony Inzillo PT, DPT, SCS;
        Hunter Stark DPT, COMT, CSCS; Brent Hardy Med, ATC, CSCS; Albi Gilmer PT

Lunch

12:15 PM  Lunch

1:00 PM  Vendor Presentation

Afternoon Session

1:15 PM  Walk over to Rehabilitation Department

1:20 PM  Lab Demonstrations: LQ Assessment & Integration; Return to Sports Participation &
         Discharge Testing; Debunking the Squat/Deadlift; Running Analysis

4:30 PM  Panel Discussion: Bringing It All Together

5:00 PM  Adjourn