

Andrews Institute Injuries in Football Conference
April 27-29, 2017
Course Learning Objectives

Session 1	Identify shoulder anatomy and describe mechanism and treatment of common injuries in the football player.
Session 2	Discuss operative and non-operative treatments for common upper extremity injuries in the football player.
Session 3	Recognize the knee anatomy, management and treatment of major ligaments in the knee.
Session 4	Recognize key operative and non-operative rehabilitation techniques for knee injuries in the football player.
Session 5: 1-A	Describe how basic nutrition and injury prevention can help the football player improve.
Session 5: 1-B	Identify and recognize various emerging technology used at a tool in rehabilitation of a football player.
Session 5: 2-A	Demonstrate and apply both rehabilitation and performance for ACL return to play for the football player.
Session 5: 2-B	Demonstrate techniques to enhance proprioception, neuromuscular, and muscle hypertrophy in the shoulder by linking the shoulder and hips.
Session 6	Discuss the anatomy, treatment and rehabilitation for ankle and foot injuries in the football player.
Session 7	Demonstrate and apply current concepts for taking care of the spine injured player and other emergency situations.
Session 8	Discuss examination, treatment, and rehabilitation for core and hip injuries in the football player.
Session 9	Recognize current general medical issues and understand the various treatments of everyday occurrence in sports medicine.