



# Andrews Institute Upper Extremity Symposium

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Saturday

February 27, 2016

## Registration and Breakfast

7:30 AM Registration and Continental Breakfast

## Morning Session

8:00 AM Reflect, Refresh, & Review  
Christy Thrift OTR

8:15 AM The Shoulder Exam - An Evidence Based Approach  
Steve Jordan MD

9:15 AM Platelet Rich Plasma (PRP) in the Upper Extremity  
Trevor Turner MD

10:00 AM Basic Biomechanics in Baseball  
Jeff Baggett ATC

10:15 AM Ask the Experts Panel Discussion: Steve Jordan, MD; Trevor Turner, MD; Jeff Baggett, ATC

10:25 AM Break

10:40 AM Injury and CrossFit  
Huaiyu Tan MD, PhD

11:10 AM Rehabilitation Approach to CrossFit Upper Extremity Injuries  
Brent Hardy ATC

11:30 AM Ask the Experts Panel Discussion: Huaiyu Tan, MD, PhD; Brent Hardy, ATC

11:40 AM SFMA and the Upper Extremity  
Jered Phipps ATC

12:10 PM The Pre-employment Screen: What It Is...and What It Isn't  
Amy Dunckel DPT                      Tiffany Vann PT, DPT

12:40 PM Return to Sport Testing for the Upper Extremity  
Albi Gilmer PT

1:10 PM Ask the Experts Panel Discussion: Jered Phipps, ATC; Amy Dunckel, DPT; Tiffany Vann, PT, DPT; Albi Gilmer, PT

## Lunch

1:20 PM Lunch

## Afternoon Session

2:20 PM Walk over to Rehabilitation Department for Lab Demonstrations

2:30 PM Lab Demonstrations: SFMA; Pre-employment; FMS; Y-balance  
Various Faculty

4:30 PM Post Test, Recommendations for next year, Course Certificates

4:50 PM Adjourn