

2022 Andrews Institute Injuries in Football Conference

Learning Objectives

1. Identify shoulder anatomy and describe the mechanism and treatment of common injuries in the football player.
2. Discuss operative and non-operative treatments for common upper extremity injuries in the football player.
3. Recognize the knee anatomy, management, and treatment of major ligaments in the knee.
4. Recognize key operative and non-operative rehabilitation techniques for knee injuries in the football player.
5. Recognize key modalities and treatments for various injuries and discuss the trends and future in sports medicine.
6. Explain current concepts in the prevention and treatment of injuries in youth football.
7. Discuss the anatomy, treatment, and rehabilitation for ankle and foot injuries in the football player.
8. Demonstrate and apply current concepts for taking care of the spine injured player and other emergency situations.
9. Apply current advances in treatment and rehabilitation of injuries to the football player
10. Recognize current general medical issues and understand the various treatments of everyday occurrence in sports medicine.
11. Discuss examination, treatment, and rehabilitation for core and hip injuries in the football player.