

Schedule

Wednesday, April 16, 2025

4:00 p.m. Registration OPEN

6:00 p.m. Registration CLOSE

Thursday, April 17, 2025

Upper Extremity

Objective: Identify upper extremity anatomy and describe the mechanism and operative and non-operative treatments of common injuries in the football player.

6:30 a.m. Breakfast (provided)

7:25 a.m.
(5 minutes) **Welcome and Introductions**
James R. Andrews, MD

7:30 a.m.
(15 minutes) **Shoulder Anatomy Video Demonstration**
Baylor Blickenstaff, MD
John Weldy, MD

7:45 a.m.
(15 minutes) **Live Examination of Shoulder Injuries**
Steve Jordan, MD

8:00 a.m.
(15 minutes) **Evaluation of Brachial Plexus Injuries**
Jonathan Cheng, MD, FACS

8:15 a.m.
(15 minutes) **Rehabilitation and Management of Brachial Plexus Injuries: The Burning Question**
Andrew Teare-Ketter, PT, DPT, NCS

8:30 a.m.
(15 minutes) **Elbow Injuries in Football: In-Season Management**
Steve C. Kronlage, MD

8:45 a.m.
(15 minutes) **In-Season Management of Anterior Shoulder Instability**
Roger Ostrander, MD

9:00 a.m.
(15 minutes) **Rehabilitation Following Shoulder Stabilization Surgery**
Kevin E. Wilk, DPT, FAPTA

9:15 a.m.
(15 minutes) **Football Injuries of the Hand and Wrist - How to Stay Out of Trouble**
Steve Kronlage, MD

9:30 a.m.
(15 minutes) **Panel Discussion**
James R. Andrews, MD Roger Ostrander MD
Steve Jordan MD Kevin E. Wilk DPT, FAPTA
Steve Kronlage, MD Andrew Teare-Ketter PT, DPT, NCS
Jonathan Cheng MD, FACS

9:45 a.m. Break (refreshments provided)



Hot Topics in Football I

Objective: Recognize key modalities and treatments for various injuries and discuss the trends and future in sports medicine.

10:00 a.m. (5 minutes)	Introduction of Speakers Moderator: Kevin E. Wilk, DPT, FAPTA
10:05 a.m. (15 minutes)	How to Remain Patient Centered in the New Collegiate Football Model Kenny Boyd, MS, ATC, LAT
10:20 a.m. (15 minutes)	Return to Play Testing: Traditional and Reactive Neurocognitive Testing in ACL Athletes Kevin E. Wilk, DPT, FAPTA
10:35 a.m. (15 minutes)	Pectoralis Major: Sonographic Evaluation and MRI Correlation and Treatment Guidelines Robert Pagan Rosado, MD
10:50 a.m. (15 minutes)	Scapular Rehabilitation and Stabilization Exercises Michael Kordecki, DPT, SCS, ATC
11:05 a.m. (15 minutes)	Preventing EHS Death in Football: Time for a Paradigm Shift Scott Anderson, ATC
11:20 a.m. (15 minutes)	Bracing for Play in Football Steve Kronlage, MD
11:35 a.m. (15 minutes)	Orthobiologics for Football Adam Anz, MD
11:50 a.m. (15 minutes)	Panel Discussion Moderator: Kevin E. Wilk, DPT, FAPTA Andrew Teare-Ketter, PT DPT, NCS Robert Pagan Rosado, MD Michael Kordecki, DPT, SCS, ATC Kenny Boyd, ATC Scott Anderson, ATC Erin Reynolds, PsyD Adam Anz, MD
12:05 p.m. (10 minutes)	James R. Andrews Excellence in Football Award James Andrews, MD
12:15 p.m.	Lunch Break (lunch provided)
1:15 p.m. (45 minutes)	Breakout Session A - Neurocognitive Rehabilitation Techniques & Testing - Interactive Training Objective: Understand and demonstrate current concepts for neurocognitive testing in regards to return to play. Neurocognitive Training and Testing Interactive Lab - LE & UE Kevin E. Wilk, DPT, FAPTA Luke Miller PT, DPT, ATC Breakout Session B - The New Science of Concussion: Clinical Profiles and Targeted Treatments for Active Recovery Objective: Understand and demonstrate current concepts for neurocognitive testing regarding return to play. Concussion Identification and Protocol Erin Reynolds, PsyD Andrew Teare-Ketter, PT DPT, NCS



Lower Extremity I: Hip and Core

Objective: Discuss examination, treatment, and rehabilitation for hip and knee injuries in the football player.

2:00 p.m. (5 minutes)	Introduction to Speakers Moderator: Connor Norman, PT, DPT, CSCS	
2:05 p.m. (15 minutes)	The Role of Recovery Methods in Relation to Soft Tissue Injuries Donald Nguyen, ATC, PT, DPT, SCS	
2:20 p.m. (15 minutes)	Surgical Considerations for the Hip Richard Evanson, DO	
2:35 p.m. (15 minutes)	Post-Operative Hip Rehabilitation Nick Dobson, PT, DPT, SCS, CSCS	
2:50 p.m. (25 minutes)	Rehabilitation of the Lower Lumbar Football Spine Mike Ryan, PT, ATC, CES, PES Michael Kordecki, DPT, SCS, ATC	
3:15 p.m. (20 minutes)	Panel Discussion Moderator: Connor Norman PT, SCS, ATC Richard Evanson, DO Mike Ryan PT, ATC, CES, PES	Donald Nyguen, ATC, PT, DPT, SCS Nick Dobson, PT, DPT, SCS, CSCS Michael Kordecki, DPT, SCS, ATC
3:35 p.m.	Break (refreshments provided)	
3:50 p.m. (5 minutes)	Introduction to Speakers Moderator: Chad Gilliland, ATC, MSM	
3:55 p.m. (15 minutes)	Live Knee Exam Demonstration Steve Jordan, MD Stephen LePlante, PT, ATC	
4:10 p.m. (15 minutes)	Meniscal Injuries: What To Do and When Peter Indelicato, MD	
4:25 p.m. (15 minutes)	Patellar Tendinosis Diagnosis and Management James Paci, MD	
4:40 p.m. (15 minutes)	The Dislocated Patella in Football Lee Pace, MD	
4:55 p.m. (15 minutes)	Multiligament of the Knee: Surgical Management Adam Anz, MD	
5:10 p.m. (15 minutes)	Rehabilitation of Multiple Ligament Surgeries Connor Norman, PT, DPT, CSCS	
5:25 p.m. (20 minutes)	Panel Discussion Moderator: Chad Gilliland, ATC, MSM James Paci, MD Stephen LePlante, PT, ATC	Steve Jordan, MD Adam Anz, MD Lee Pace, MD Peter Indelicato, MD Connor Norman, PT, DPT, CSCS
5:45 p.m. (20 minutes)	Key Note Speaker – “Go and No Go” Tips from the Sideline Peter Indelicato, MD	
6:10 p.m.	Exhibitor Reception (refreshments provided)	



Friday, April 18, 2025

Lower Extremity II: Hip and Core

Objective: Discuss examination, treatment, and rehabilitation for hip and knee injuries in the football player.

7:00 a.m.	Breakfast provided		
7:55 a.m. (5 minutes)	Introduction to Speakers Moderator: James Paci, MD		
8:00 a.m. (15 minutes)	ACL Surgery: Graft Selection, Lateral Augmentation Options Dustin Loveland, MD		
8:15 a.m. (15 minutes)	ACL Rehabilitation: Immediate to Intermediate Phase Russ Paine, PT		
8:30 a.m. (15 minutes)	ACL Rehabilitation; Advanced Phase to On the Field Kevin E. Wilk, DPT, FAPTA		
8:45 a.m. (15 minutes)	Field Management of the Dislocated Knee Adam Anz, MD		
9:00 a.m. (15 minutes)	Core Muscle Injuries: Diagnosis and Treatment Benton Emblom, MD		
9:15 a.m. (20 minutes)	Dueling Discussion: Return to Play in Football After ACL Surgery: Patellar Tendon vs Quad Tendon Lee Pace, MD James Paci, MD Stephen LaPlante, PT, ATC		
9:35 a.m. (15 minutes)	Panel Discussion Moderator: James Paci, MD Kevin E. Wilk, DPT, FAPTA	Dustin Loveland, MD Adam Anz, MD	Russ Paine, PT Benton Emblom, MD
9:50 a.m.	Break (refreshments provided)		
10:05 a.m. (5 minutes)	Introduction to Speakers Moderator: Ron Courson, ATC, PT, NRAEMT, CSCS		
10:10 a.m. (15 minutes)	Emerging Concepts in Athlete SCA Jim Kyle, MD, FACSM Glenn Henry, MA, EMT-P		
10:25 a.m. (15 minutes)	Emergency Evaluation: The Downed Athlete – On the Field Decisions Glenn Henry, MA, EMT-P		
10:40 a.m. (15 minutes)	Management of Life – Threatening Athletic Emergencies Mike Goodlett, MD		



- 10:55 a.m.
(15 minutes) Cervical Spine Injuries in Football: Challenges in Diagnosis and Management
Ron Courson, ATC, PT, NRAEMT, CSCS
- 11:10 a.m.
(15 minutes) Panel Discussion
Moderator: Ron Courson, ATC, PT, NRAEMT, CSCS Mark Gamber, EMD
Jim Kyle, MD, FACSM Glenn Henry, MA, EMT-P Mike Goodlet, MD
- 11:25 a.m.
(60 minutes) **Concurrent Breakout Session A - Emergency Situations - Interactive Training**
Objective: Demonstrate and apply current concepts for taking care of the spine-injured player and other emergency situations.

Catastrophic Interactive Lab
Ron Courson, ATC, PT, NRAEMT, CSCS

- Concurrent Breakout Session B - Blood Flow Restriction - Interactive Training**
Objective: Demonstrate and apply current concepts for utilizing Blood Flow Restriction for return to play and treatment.

Blood Flow Restriction Demonstration and Training
Stephen LaPlante, PT, ATC
Benjamin Gloff, PT, DPT, SCS

- 12:25 p.m. **Lunch Break (lunch provided)**

Foot and Ankle

Objective: Discuss the anatomy, treatment, and rehabilitation for ankle and foot injuries in football players.

- 1:25 p.m.
(5 minutes) Introduction to Speakers
Moderator: Sonya Ahmed, MD, FAAOS
- 1:30 p.m.
(15 minutes) Live Ankle Exam
Garrett Waller, MD
Landon Stallings, DO
- 1:45 p.m.
(15 minutes) Surgical Management of Achilles Tendon Rupture
John Roaten, MD
- 2:00 p.m.
(15 minutes) Achilles Tendon Rupture Rehabilitation and Management
Mike Ryan, PT, ATC, CES, PES
- 2:15 p.m.
(20 minutes) Treatment and Management of Plantar Fasciitis
Sonya Ahmed, MD, FAAOS
- 2:35 p.m.
(15 minutes) Utilization of Ultrasound in Foot and Ankle Pathologies
Fabien Arous, MD, RMSK
- 2:50 p.m.
(15 minutes) Treatment and Management of Lis Franc
Keith Heier, MD
- 3:05 p.m.
(15 minutes) Panel Discussion
Moderator: Sonya Ahmed, MD, FAAOS John Roaten, MD Fabien Arous, MD, RMSK
Mike Ryan, PT, ATC, CES, PES Keith Heier, MD



3:20 p.m. **Break (refreshments provided)**

Hot Topics in Football II (Interactive Session)

Objective: Recognize key modalities and treatments for various injuries and discuss the trends and future in sports medicine.

3:35 p.m. Introduction to Speakers
(5 minutes) Moderator: Catherine O'Neal, MD

3:40 p.m. The Effects of Cannabis on Performance
(15 minutes) Jeff Konin PhD, ATC, PT

3:55 p.m. Infectious Disease
(15 minutes) Catherine O'Neal, MD

4:10 p.m. Introduction to Return to Sport Testing & Monitoring
(20 minutes) Lucy Phan, MS, CSCS

4:30 p.m. Return to Play Testing Data and What to Do with It
(20 minutes) Russ Paine, PT

4:50 p.m. Sick Cell Trait in Athletes
(20 minutes) Mike Goodlett, MD

5:10 p.m. Medical Time Out
(20 minutes) Jim Kyle, MD, FACSM

5:30 p.m. Mental Health First Aid
(20 minutes) Kimberly Williams, LCSW-S

5:50 p.m. Panel Discussion
(20 minutes) Moderator: Catherine O'Neal, MD Jeff Konin, PhD, ATC, PT Lucy Phan, MS, CSCS
 Russ Paine, PT Mike Goodlett, MD Jim Kyle, MD, FACSM Kimberly Williams, LCSW-S

6:10 p.m. Closing Comments & End
(5 minutes) James R. Andrews, MD
 Ron Courson, ATC, PT, NRAEMT, CSCS
 Chad Gilliland, ATC, MSM
 Kevin E. Wilk, DPT, FAPTA

We regret the omission of any information submitted after the print deadline.

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